

10 BRAVE CONVERSATIONS

PURPOSE

PERMISSION

PLACE

PAST

PROBLEM

PEOPLE

PRESENCE

PAIN

PLAN

PROMISE



Our purpose is to promote felt safety and trust * You have permission to ask and feel * We can celebrate and be proud of where your story began * We can talk about the past * Something happened that disrupted what should have happened * There were people who helped keep you safe and protected * Love is present * We honor your pain * We can make a plan to care for your needs * We promise you get to feel, love, and question and you have our love and support.